

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2017

EMMITSBURG SENIOR CENTER

**Don't
Be
FOOLED**

All Fools' Day

<p>2</p> <p>Pickle ball on Mondays 2pm - 4pm</p>	<p>3</p> <p>Walk around town @ 9am Bowlers meet @ 12:15 Art class @ 1:30</p>	<p>4</p> <p>Strength Training @ 10am Health issues & Aging in Place (Fred Balias)</p>	<p>5</p> <p>Seated exercise @ 11am Bridge @ 12 Bunny Craft 10-11:30</p>	<p>6</p> <p>Strength Training @ 10am Nutrition info @ 11am Cards & games</p>	<p>7</p> <p>Walkers meet 9am Food Distribution @ FSC 1pm</p>	<p>8</p> <p>Planting flowers & seeds at the lower entrance to Center Come Help!!</p>
<p>9</p> <p>Yoga Wed mornings @ 10</p> <p><small>Palm Sunday</small></p>	<p>10</p> <p>Walk around town @ 9am Bowlers meet @ 12:15 Art class @ 1:30 <small>First Day of Passover</small></p>	<p>11</p> <p>Strength Training @ 10am Identity Theft and what to do about it. @ 11am</p>	<p>12</p> <p>Seated exercise @ 11 Cards & games</p>	<p>13</p> <p>Strength Training @ 10am Are you Smarter than a 5th Grader @ 11</p>	<p>14</p> <p>Walkers meet @ 9am Wii Games Canasta @ 12pm <small>Good Friday</small></p>	<p>15</p>
<p>16</p> <p>Tai Chi Fridays @ 1pm</p> <p><small>Easter Sunday</small></p>	<p>17</p> <p>Walkers meet @ 9am Bowlers meet @ 12:15 Art Class @ 1:30</p>	<p>18</p> <p>Strength Training @ 10am Nurse Steve @ 11 Has my immune system stopped?</p>	<p>19</p> <p>Seated exercise @ 11am Bridge @ 12 Cards ,games & puzzles</p>	<p>20</p> <p>Strength Training @ 10 Cards games & puzzles</p>	<p>21</p> <p>Walkers meet @ 9am Wii Games Canasta @ 12pm</p>	<p>22</p> <p><small>Earth Day</small></p>
<p>23</p> <p>Towson Nursing Students Tues. April 4th 10am BP Screening</p>	<p>24</p> <p>Walkers meet @ 9am Bowlers meet @ 12:15 Art Class @ 1:30</p>	<p>25</p> <p>Strength Training @ 10 Cards, games, wii bowling & golf</p>	<p>26</p> <p>Seated exercise @ 11am Cards ,games & puzzles</p>	<p>27</p> <p>Strength Training @ 10 Cards games & puzzles</p>	<p>28</p> <p>Walkers meet @ 9am Wii Games Canasta @ 12pm <small>Arbor Day</small></p>	<p>29</p>
<p>30</p>	<p>Trips: Eastern Museum of Motor Racing Friday April 21st 9:30am – 3:30pm \$25.00 /bring money for lunch Fashion Archives & Museum Friday April 28th 8:45am- 3:30pm \$35.00 /bring money for lunch Planning for Peace of Mind a Free Workshop Series about End of Life Planning. April 4th @ 5pm April 6th @ 6pm April 11th @ 6pm April 13th @ 6pm April 20th 6pm and April 25th @ 6pm</p>					